



ORPHEUS EC member



Birna Thorisdottir

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EDUCATION

- 2013- PhD student in Human Nutrition, Faculty of Food Science and Nutrition, School of Health Sciences, University of Iceland (UI). PhD Thesis: Research infrastructures and evidence based guidelines on child nutrition.
- 2011-2013 MSc in Human Nutrition, Faculty of Food Science and Nutrition, School of Health Sciences, UI. MSc Thesis: Relationship between protein intake in the first year of life and body mass index and IGF-1 concentration at six years

PROFESSIONAL EXPERIENCE

- 2017 Reviewer of the BSc in Human Nutrition program at the Faculty of Food Science and Nutrition, UI
- 2016 Course at Landspítali University Hospital: Good Clinical Practice
- 2016-2017 Member of expert group appointed by the Directorate of Health to revise the Icelandic guidelines on infant nutrition
- 2015 ESPGHAN Summer school in Cambridge: Paediatric Nutrition: Science and Practice
- 2014 Member of organizing committee for the 32nd International Symposium on Diabetes and Nutrition, hosted in Reykjavik
- 2013 Member of editorial board for an annual journal issued by the Food and Nutrition Society of Iceland
- 2013- Lectures about infant/young child nutrition and sport nutrition for the public
- 2012- Teacher at the University for the Young and University Knowledge Train at UI
- 2011- Research assistant, part-time lecturer and supervisor or co-supervisor of 4 BSc and 2 MSc students at the Faculty of Food Science and Nutrition, UI.
- 2008, 2011 Assistant in microbiological analysis at the Analysis and Consulting Division, Matis (Icelandic Food and Biotech R&D institute)
- 2010 Trained interviewer in the National Dietary Survey in Iceland

ACADEMIC AWARDS & DISTINCTIONS

- 2013 Award for best poster on the 31st International Symposium on Diabetes and Nutrition in Dubrovnik, Croatia
- 2012 Award from the Ministry of Welfare to young and promising scientist for project in the field of prevention or health promotion on the 16th Congress on Research in Bioscience and Health Sciences in the University of Iceland

SELECTED PUBLICATIONS

- 2016 **Thorisdottir B**, Gunnarsdottir I, Steingrimsdottir L, Palsson GI, Birgisdottir BE, Thorsdottir I. Vitamin D intake and status in 6-year-old Icelandic children followed up from infancy. *Nutrients* 2016 Feb 4;8(2):75.
- 2014 Imai CM, Gunnarsdottir I, **Thorisdottir B**, Halldorsson TI, Thorsdottir I. Associations between infant feeding practice prior to six months and body mass index at six years of age. *Nutrients* 2014 Apr 17;6(4):1608-17.
- 2014 **Thorisdottir B**, Gunnarsdottir I, Steingrimsdottir L, Palsson GI, Thorsdottir I. Vitamin D intake and status in 12-month-old infants at 63-66°N. *Nutrients* 2014 Mar 21;6(3):1182-93.
- 2014 **Thorisdottir B**, Gunnarsdottir I, Palsson GI, Halldorsson TI, Thorsdottir I. Animal protein intake at 12 months is associated with growth factors at the age of six. *Acta Paediatrica* 2014 May;103(5):513-7.
- 2013 **Thorisdottir B**, Gunnarsdottir I, Thorisdottir AV, Palsson GI, Halldorsson TI, Thorsdottir I. Nutrient intake in infancy and body mass index at six years in two population-based cohorts recruited before and after revision of infant dietary recommendations. *Ann Nutr Metab* 2013;63(1-2):145-51.
- 2013 Gunnarsdottir I, Helgadóttir H, **Thorisdottir B**, Thorsdottir I. [Diet of six-year-old Icelandic children – National dietary survey 2011-2012]. *Laeknabladid* 2013 Jan;99(1):17-23. Icelandic